- WAC 296-876-80010 Climbing and descending. (1) You must have employees use at least one hand to grasp the ladder when climbing up and down it.
 - (2) You must face the ladder when climbing or descending.
- (3) You must keep ladders free of oil, grease, or other slippery materials.
- (4) You must make sure no employee carries any object or load that could cause the employee to lose balance and fall while climbing up or down the ladder.
- (5) You must make sure fixed ladders are used only for the purposes for which they were designed.

[Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060 and chapter 49.17 RCW. WSR 20-09-146, § 296-876-80010, filed 4/21/20, effective 10/1/20; WSR 14-09-095, § 296-876-80010, filed 4/22/14, effective 7/1/14. Statutory Authority: RCW 49.17.010, 49.17.040, 49.17.050, 49.17.060. WSR 06-16-020, § 296-876-80010, filed 7/24/06, effective 12/1/06.]